

# Faith Recovery Journal

A 52-Week, Scripture-Based, Recovery-from-Loss Tool

## Introduction

Most grief resources fall into one of two categories: clinical workbooks shaped by psychology, or sentimental devotionals filled with clichés. What many grieving Christians lack is a carefully ordered, Scripture-rooted tool that is honest without being bleak, and hopeful without being shallow.

I created the Faith Recovery Journal to meet that need. I wrote it to help my wife through grief, creating a resource that bolsters faith, provides scripture-led answers to difficult questions, and gives daily guided direction over a full year.

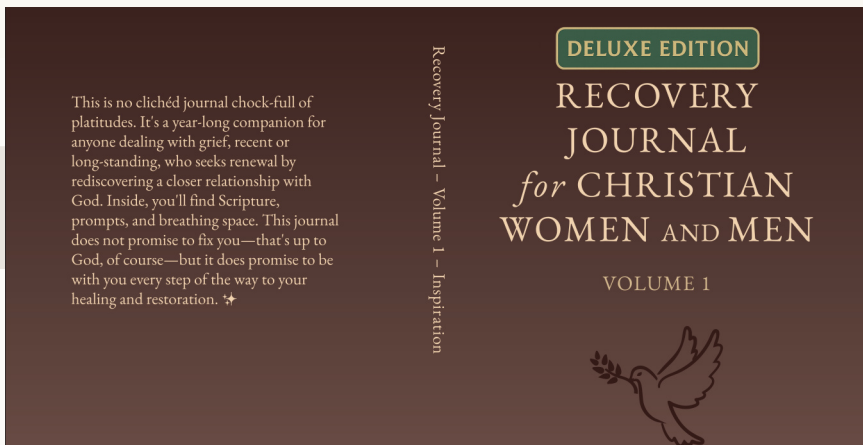
## What Makes It Different

Unlike generic grief resources, this journal combines three essential elements that existing materials handle separately in a specific progression:

- Daily Scripture methodically selected for grief contexts
- Guided reflection that encourages honest processing
- Deliberately planned space for personal prayer and journaling

Each week builds on the last, creating a complete year-long journey rather than disconnected daily readings.

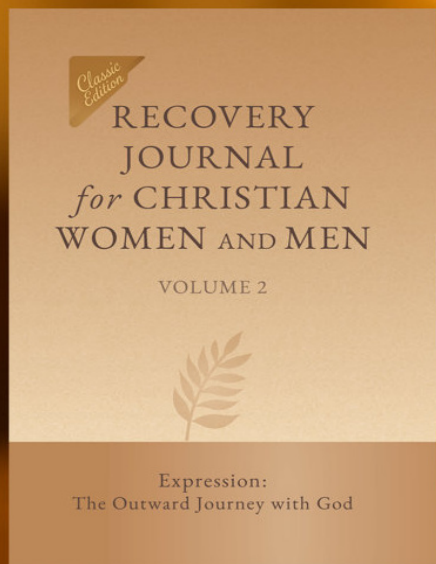
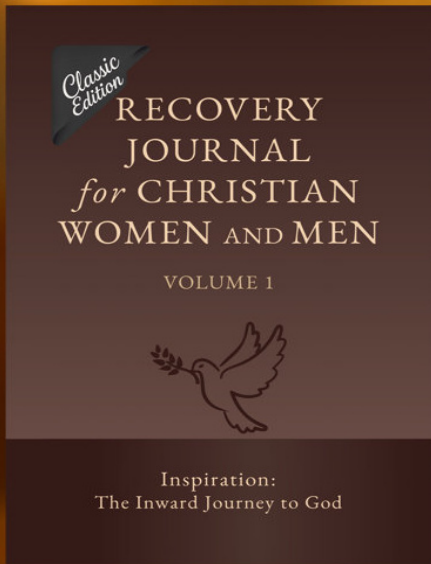
Created to be a resource for a loved one in genuine need, now offered to help others in similar circumstances.



## Inside the Journal

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- The journal's flexible layout allows content to grow as needed. Preview available 📖 [here](#)
- Daily pages include carefully selected Scripture passages, a short reflection, prompts for gratitude and prayer, and space for personal journaling
- I thematically curate Scripture passages: each week builds a cohesive biblical foundation that together form one of twelve principles shaping the whole



- Designed for both personal use and institutional settings where pastors, counsellors, or group leaders want to place something practical in grieving hands
- Published in three editions (Classic, Deluxe, and Premium) to suit different ministry contexts and presentation needs
- Together the two volumes provide a complete 52-week journey of recovery from grief.

# Why This Journal is Credible

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- I wrote it to support my wife whose long struggle with grief affected me deeply. Even though I too grieved, I felt I was better placed to help her.
- A meticulously planned year-long pathway that combines daily Scripture with milestone exercises and progressive stages specifically designed for grief recovery
- Recently launched (July 2025) after two years of development, grounded in experience rather than marketing spin



## Scripture

*The Lord is close to the brokenhearted and saves those who are crushed in spirit. (Ps. 34:18)*

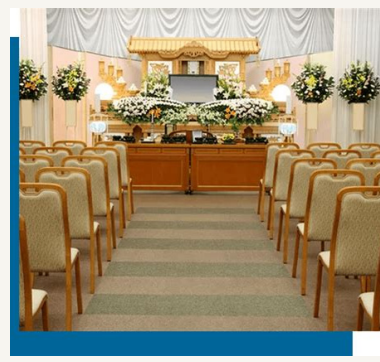
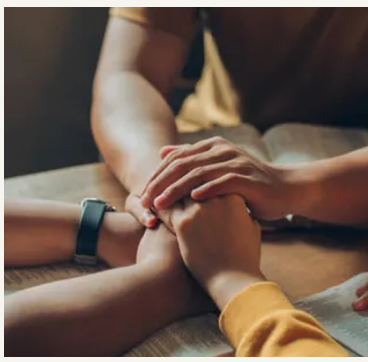
## How Institutions Use It

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**Churches:** Church members facing grief follow a structured 52-week recovery pathway, progressing through carefully planned stages with built-in milestones to track their healing journey, whilst working through it at their own pace: I built that flexibility into the system.

**Counsellors/Pastors:** Help in your pastoral work by providing a methodical framework that offers those in your care daily biblical support throughout their healing journey.

**Funeral Homes:** Provides individuals with a year-long recovery pathway, moving them through planned stages of healing and helping them to build hope in God's promises for the future.



# Ordering Information

Individual Copies: directly available through FRJ's website/Shopify store, with standard UK delivery included. *Note: premium courier options attract extra charges.* Direct orders are always more cost-effective than Amazon, **with significant savings** available to bulk purchasers.

Bulk Orders: £14 per copy (through 2025) for orders of 100 copies or more.

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## Ready to Help Your Community?

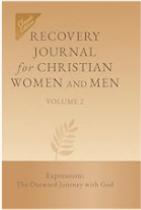
The Faith Recovery Journal provides grieving Christians with daily structure, biblical grounding, and honest space to heal. More importantly, it equips institutions with a trustworthy resource to recommend or supply where it is most needed.

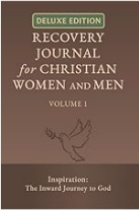
This is a meticulously crafted year-long guide that takes participants step by step through a carefully planned pathway of recovery. Each stage builds on the last, with milestones at thoughtfully spaced intervals that provide feedback and show how far participants have come.

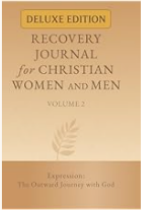
**It is not a loose collection of devotional thoughts. It is a structured recovery framework with clear stages, milestones, and feedback opportunities.**

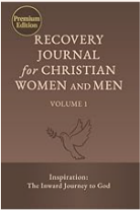
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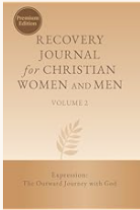












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### Classic Edition Pricing (UK Direct Orders)

Journal	1st Class Royal Mail	Tracked Delivery (DPD)	Bulk (100+)
Recovery Journal Vol. 1	£17	£19	£15 each
Recovery Journal Vol. 2	£17	£19	£15 each
Complete Set (Vol. 1 & 2)	£32	£36	£28 per set